



spa-hoitola & kampaamo
IZUMI

Hotel Radisson Blu, 2nd Floor
Linnankatu 32, 20100 Turku
Tel. +358 45 1290 700 | www.hoitolaizumi.fi

Opening Hours:
Mon to Thurs 9am to 7pm Fri 9am to 5pm
Sat as pre-arranged

FACE AND THE EYE AREA

Our facials include skin analysis and brow shaping.

LUXURY IN 30 MINUTES:

Relaxing head and décolleté massage with warm oil. 47 €

SKIN CLEANSING FOR YOUNG SKIN 67 €

A balancing treatment which helps oily skin, for 10 to 20-year-olds. (1 h)

INDIVIDUAL FACIAL 75 €

We will plan and carry out the treatment based on the specific needs of your skin. This treatment is moisturising, balancing and calming. (1 h)

EKOPHARMA FACIAL 75 € / 1 h, 80 € / 1 h 15 min

LUXURIOUS IPPON DELUX-FACIAL 85 €

A special five-massage facial for pampering. (1 h 15 min)

DEEP-CLEANSING FACIAL 85 €

Cleansing and balancing treatment for clogged skin. (1 h 30 min)

EYELASH/BROW TINTING

Eyebrow Tinting 20 €

Eyebrow Shaping and Tinting 25 € / 30 min

Eyelash Tinting 20 €

Eyelash and Eyebrow Tinting (includes shaping) 35 €

When bought with a facial:

Eyebrow Tinting 10 €

Eyelash Tinting 13 €

HAIR REMOVAL

BODY SUGARING

Body hair is removed with 100% natural sugar.

Lip/Brow area 13 € / 10 min

Underarms 25 €

Bikini Line 30 €

L.A. Brazilian 65 €

HOT WAXING

Arms 30 € - 45 €

Legs 40 €

Thighs 43 €

Legs and Thighs 75 €

MANICURES AND PEDICURES

IPPON DELUX-MANICURE 75 €

This pampering treatment includes a hand exfoliation, moisturising hand-wraps, a head massage, a thorough hand and nail treatment and a relaxing hand massage. (1 h 15 min)

A FOOT FEAST 57 €

A foot exfoliation and a massage using warm ethereal massage oil. (45 min)

KALEBASSI-FOOT RITUAL 52 €

Softening exfoliation and a relaxing foot massage with Kalebass fruits. (40 min)

TRADITIONAL PEDICURE 70 €

A treatment for the feet and nails, includes a massage and nail polishing. (1 h 15 min)

IPPON DELUX-PEDICURE 85 €

This luxurious treatment includes a moisturising foot bath with sea salts, a stimulating exfoliation for the feet, a foot mask, a thorough treatment for nails and the bottom of the feet, nail polishing and a relaxing Soko foot massage. (1 h 30 min)

BODY TREATMENTS

CHOCOLATE BODY MASK 110 €

After a light dry brushing of the skin, a warm chocolate mask will be spread on the whole body. During a body wrap, you will enjoy a relaxing face and head massage. The treatment will finish with a pampering chocolate oil body massage. (1 h 30 min)

JIDAI 120 €

This treatment includes a soft grapefruit exfoliation and a whole body shea butter massage. (1 h 30 min)

COCOON OF AFRICA 120 €

This body treatment starts with the Desert exfoliation of coffee or sand or salt. After a shower you will receive a full body massage using a massage candle. (1 h 30 min)



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KALAHARI-TREATMENTS

Take a journey to the Kalahari-desert and stimulate your senses with its unique scents and products full of rich natural elements.

TOUCH OF THE KALAHARI DEEP TISSUE MASSAGE

-High quality massage oil made of the plants of the Kalahari
1 h / 79 €, 1 h 30min / 100 €
- Luxury massage candle made with natural oils
1 h / 87 €, 1 h 30 min / 107 €

KALAHARI A JOURNEY TO AFRICA 145 € / 155 €

This two-hour full body treatment starts with the Glow of the Desert exfoliation. After a shower you will receive a full body massage using either aromatic oils or a massage candle. (2 h)

MASSAGES

TRADITIONAL MASSAGE

This deep tissue massage is excellent for relieving muscle tension and stress.
30 min / 35 €, 45 min / 46 €, 1 h / 59 €, 1 h 30 min / 80 €

LYMPHATIC MASSAGE 49 € / 69 €

Lymphatic massage stimulates lymphatic drainage and blood circulation as well as enhances the functions of the immune system. (45 min / 60 min)

INDIAN HEAD MASSAGE 40 € / 55 €

This relaxing massage of the head, shoulder and neck area relieves stress and insomnia. After the treatment you will feel calm and pampered. (30 min / 50 min)

AROMATHERAPY 77 € / 97 €

A massage with warm oils that will stimulate your senses. (1 h / 1 h 30 min)

MANGO MASSAGE 79 €

A relaxing whole body massage with a fragrant mango cream to pamper your skin. This massage also relieves muscle pain. (1 h)

CHOKOREETO HOT STONE MASSAGE 80 € / 102 €

A whole body massage with warm stones and luxurious chocolate oil. (1 h / 1 h 30 min)

HEAVENLY RELAXATION 97 €

This treatment is a combination of Indian head massage and aromatherapy body massage. (1 h 30 min)

BAMBOO MASSAGE 97 € / 135 €

This soothing eastern treatment includes face, body and foot massage with softened bamboo sticks of various sizes. (1 h 30 min / 2 h)

MAMA SPA

OKAASAN, A moment of relaxing for a mother's body 90 €

The body needs special care during pregnancy. This pampering massage alleviates upper and lower back pains and tension which are typical during pregnancy. The treatment also reduces the swelling of hands and feet. (1 h 15 min)

MAMA KAMINOKE, Hair removal for mothers 85 € / 117€

This treatment includes leg waxing and body sugaring for the underarm and bikini areas. (1 h / 85 €)
Brazilian waxing can be added on request. (1 h 30 min / 117 €)

KAMANTAN, A journey to peace 154 €

A moment of peace for the mother to be. This treatment includes a pampering and clarifying facial and relaxing Okaasan massage. (2 h)

MEN

SENSE'S PEDICURE FOR MEN 60 €

A men's pedicure includes a softening treatment of the nails and cuticles and a foot massage. (1 h)

MEN'S FACIAL 70 €

A balancing facial and a relaxing head and shoulder massage for men. (50 min)

SENSE'S SURRENDER FOR MEN 127 €

This relaxing treatment package includes a balancing facial and a whole body massage to relieve muscle tension and pain. (2 h)

TREATMENT PACKAGES

SENSE'S SURRENDER FOR MEN 127 €

A Sensei's facial and an hour-long massage. (2 h)

A REFRESHED GEISHA 130 €

A foot feast and a pampering full body mango massage. (1 h 45 min)

KALAHARI A JOURNEY TO AFRICA 145 € / 155 €

This two-hour full body treatment starts with the Glow of the Desert exfoliation. After a shower you will receive a full body massage using either aromatic oils or a massage candle. (2 h)

THE EMPEROR'S BRIDE 160 €

This delicious pampering package combines a full body softening exfoliation and a softening facial. (2 h)

IPPON DELUX 170 €

Ippon Delux pedicure and an Ippon Delux facial. (2 h 45 min)

EYELASH

Yumi Lashes curling 75 €