

#### FACE AND THE EYE AREA

Our facials include skin analysis and brow shaping.

SKIN CLEANSING FOR YOUNG SKIN 65 € A balancing treatment which helps oily skin,for under 20-year-olds. (45 min)

# INDIVIDUAL FACIAL 77 € We will plan and carry out the treatment based on the specific needs of your skin. This treatment is moisturising, balancing and calming. (1 h)

**DEEP-CLEANSING FACIAL** 90 € Cleansing and balancing treatment for clogged skin. (1 h 30 min)

LUXURIOUS IPPON DELUX-FACIAL 95 € A special five-massage facial for pampering. (1 h 15 min)

PROFESSIONAL PEEL FACIAL 60 € / 85 € Softening the skin and improves elasticity of the skin. (30 min / 45 min)

VIP PEEL FACIAL 99 € Medium strength chemical peel exfoliates the skin and stimulates cell mitosis. (1 h)

# **EYELASH/BROW TINTING**

Eyebrow Tinting 20 € Eyebrow Shaping and Tinting 30 € / 30 min Evelash Tinting 25 €. Eyelash and Eyebrow Tinting (includes shaping) 35 €

When bought with a facial: Eyebrow Tinting 20 € Eyelash Tinting 20 € Eyelash and Eyebrow Tinting 25 €

#### **MAKE UP**

Day Makeup 45 € Evening Makeup 55 €

### LASH LIFT CURLING Including Eyelash Tinting 85 €

**MICROBLADING- EYEBROW** 

# 250€

## HAIR REMOVAL

**BODY SUGARING** Body hair is removed with 100% natural sugar. Lip/Brow area 15 € / 10 min Underarms 30 € **Arms** 30 € - 45 € Legs 45 € Thighs 40 € Bikini Line 35 € L.A. Brazilian 65 €

Hotel Radisson Blu, 2nd Floor Linnankatu 32, 20100 Turku Tel. +358 45 1290 700 | www.hoitolaizumi.fi Opening Hours: Mon to Weds 9am to 7pm Thurs to Fri 9am to 5pm Sat as pre-arranged

#### MANICURES AND PEDICURES

#### IPPON DELUX-MANICURE 85 €

This pampering treatment includes a hand exfoliation, moisturising hand-wraps, a head massage, a thorough hand and nail treatment and a relaxing hand massage. (1 h 15 min)

#### A FOOT FEAST 60 €

A foot exfoliation and a massage using warm ethereal massage oil. (45 min)

TRADITIONAL PEDICURE 69 € / 80 € / 95 € A treatment for the feet and nails, includes a massage. (1 h) + nail polishing (+ 15 min / 10 €) + gelish (+ 30 min / 25 €)

#### IPPON DELUX-PEDICURE 95 €

This luxurious treatment includes a moisturising foot bath with sea salts, a stimulating exfoliation for the feet, a foot mask, a thorough treatment for nails and the bottom of the feet, nail polishing and a relaxing Soko foot massage. (1 h 30 min)

## **BODY TREATMENTS**

JIDAI 140 €

This treatment includes an avocado exfoliation and a whole body coconut butter massage. (1 h 30 min)

#### COCOON OF AFRICA 140 €

This body treatment starts with the Desert exfoliation of coffee or sand or salt. After a shower you will receive a full body massage using a Kalahari massage oil. (1 h 30 min)

SCRUB AND CREAM 150 € After a lemongrass exfoliation, you will enjoy a whole body shea butter massage. (1 h 45 min)



#### **KALAHARI-TREATMENTS**

Take a journey to the Kalahari-desert and stimulate your senses with its unique scents and products full of rich natural elements.

TOUCH OF THE KALAHARI DEEP TISSUE MASSAGE -High quality massage oil made of the plants of the Kalahari 1 h / 85 €, 1 h 30min / 110 € - Luxury massage candle made with natural oils 1 h / 89 €, 1 h 30 min / 120 €

**KALAHARI A JOURNEY TO AFRICA** 160 € / 170 € This two-hour full body treatment starts with the Glow of the Desert exfoliation. After a shower you will receive a full body massage using either aromatic oils or a massage candle. (2 h)

#### MASSAGES

 TRADITIONAL MASSAGE

 This deep tissue massage is excellent for relieving muscle tension and stress.

 30 min / 37 €, 45 min / 49 €, 1 h / 65 €, 1 h 30 min / 85 €

LYMPHATIC MASSAGE 59 € / 69 € Lymphatic massage stimulates lymphatic drainage and blood circulation as well as enhances the functions of the immune system. (45 min / 60 min)

INDIAN HEAD MASSAGE 40 € / 59 € This relaxing massage of the head, shoulder and neck area relieves stress and insomnia. After the treatment you will feel calm and pampered. (30 min / 50 min)

**AROMATHERAPY** 85  $\notin$  / 110  $\notin$ A massage with warm oils that will stimulate your senses. (1 h / 1 h 30 min)

ORANGE MASSAGE 85 € A relaxing whole body massage with a fragrant mango cream to pamper your skin. This massage also relieves muscle pain. (1 h)

**CHOKOREETO HOT STONE MASSAGE**  $89 \notin / 120 \notin$ A whole body massage with warm stones and a luxurious chocolate or aromatherapy oil. (1 h / 1 h 30 min)

HEAVENLY RELAXATION 110 € This treatment is a combination of Indian head massage and aromatherapy body massage. (1 h 30 min)

BAMBOO MASSAGE 110 € / 140 € This soothing eastern treatment includes face, body and foot massage with softened bamboo sticks of various sizes, (1 h 30 min / 2 h) Hotel Radisson Blu, 2nd Floor Linnankatu 32, 20100 Turku Tel. +358 45 1290 700 | www.hoitolaizumi.fi **Opening Hours:** Mon to Weds 9am to 7pm Thurs to Fri 9am to 5pm Sat as pre-arranged

#### MAMA SPA

OKAASAN, A moment of relaxing for a mother's body 95  $\in$ The body needs special care during pregnancy. This pampering massage alleviates upper and lower back pains and tension which are typical during pregnancy. The treatment also reduces the swelling of hands and feet. (1 h 15 min)

MAMA KAMINOKE, Hair removal for mothers  $95 \in /120 \in$ This treatment includes leg waxing and body sugaring for the underarm and bikini areas. (1 h / 95  $\in$ ) Brazilian waxing can be added on request. (1 h 30 min / 120  $\in$ )

KAMANTAN, A journey to peace 160 € A moment of peace for the mother to be. This treatment includes a pampering and clarifying facial and relaxing Okaasan massage. (2 h)

#### MEN

SENSEI'S PEDICURE FOR MEN 69 € A men's pedicure includes a softening treatment of the nails, calluses and cuticles and a foot massage. (1 h)

MEN'S FACIAL 70 € A balancing facial and a relaxing head and shoulder massage for men. (50 min)

THE DUETT FOR HIM 135 € This relaxing treatment package includes a balancing facial and a whole body massage to relieve muscle tension and pain. (1 h 50 min)

## TREATMENT PACKAGES

HEISEI, A PEACE 100 € Relaxing face, head and the whole body massage treatment. (1 h 15 min)

THE DUETT FOR HIM 135 € A Men's facial and an hour-long massage. (1 h 50 min)

JAPANESE SPA 150 € A foot feast and a pampering full body aromatherapy massage. (1 h 45 min)

KALAHARI A JOURNEY TO AFRICA 160 € / 170 € This two-hour full body treatment starts with the Glow of the Desert exfoliation. After a shower you will receive a full body massage using either aromatic oils or a massage candle. (2 h)

SUCH A PERFECT DAY 170 € This natural treatment includes a luxury facial and a pampering full body mango massage. After a treatment we will serve you a fruit smoothie. (2 h)

THE KING'S BRIDE 185 € This delicious pampering package combines a body exfoliation and a shea butter body massage and a softening Baobab C-vitamin facial. (2 h 15 min)

**IPPON DELUX** 195 € Ippon Delux-pedicure and Ippon Delux-facial. This treatment includes the glass of sparkling vine. (2 h 45 min)