

泉 IZUMI spa & salong

FACIAL TREATMENTS

INDIVIDUAL DELUX -FACIAL 115 €

A luxurious facial treatment designed for your skin. The treatment includes luxurious massage techniques and is performed using high-quality Selah products. (1 h 15 min)

SELAH REST -FACIAL 115 €

In the deeply calming facial treatment, warm oils, soft wraps, and nourishing masks are combined with a gentle, slow face and head massage. (1 h 15 min)

SELAH -FACIAL 90 €

A facial and neck treatment designed specifically for your skin. (1 h)

SELAH MEN'S FACIAL 90 €

A balancing and moisturizing facial treatment that enhances the well-being of the skin. The treatment includes a relaxing facial and head massage using therapeutic Selah oils. The Thaleia oil, which moisturizes the scalp, is also excellent for massage in the beard area. (1 h)

SKIN CLEANSING FOR YOUNG SKIN 85 €

A balancing treatment which helps oily and blemish-prone skin. At the end of the treatment, you'll get clear and simple home care instructions. (1 h)

DEEP CLEANSING AQUA PEEL -FACIAL 150 €

An effective and gentle water exfoliation treatment deeply cleanses the skin, painlessly removes blackheads, impurities, and dead skin cells, and nourishes and moisturizes the skin. (1 h)

VIP-FACIAL TREATMENT 129 €

A gentle gel exfoliation brightens, hydrates, and revitalizes the skin, leaving your face with a beautiful radiance without strong redness or downtime. The treatment is complemented by a relaxing scalp massage during the mask. (1 h)

BRIDAL GLOW -FACIAL 169 €

A luxurious and glowing luxury treatment for brides and for you, who want to shine on your big day. The skin-brightening and deeply moisturizing facial includes a gentle arginine gel exfoliation and a relaxing neck-shoulder, décolleté, and scalp massage. Softening the skin and improves elasticity of the skin. (1 min 15 min)

ADDITIONAL SERVICES

Moisturizing, brightening eye treatment 23 €

Soothing and healing LED light renews cells and strengthens the skin 10 min / 20 €
(No Vip, Bridal Glow, Aqua Peel facial treatments)

Upper lip / eyebrows sugaring 15 €
(No Vip, Bridal Glow, Aqua Peel facial treatments)

Upper lip and chin sugaring 28 €
(No Vip, Bridal Glow, Aqua Peel facial treatments)

Eyebrow tinting 25 €
(No Vip, Bridal Glow facial treatments)

Eyebrow tinting and sugaring 28 €
(No Vip, Bridal Glow facial treatments)

Eyelash tinting 25 €
(No Vip, Bridal Glow treatments)

Eyelash and eyebrow tinting 30 €
(No Vip, Bridal Glow facial treatments)

Eyelash and eyebrow tinting + eyebrow sugaring 39 €
(No Vip, Bridal Glow facial treatments)

Hotel Radisson Blu, 2nd Floor
Linnankatu 32, 20100 Turku
Tel. +358 45 1290 700 | www.hoitolaizumi.fi

Opening Hours:

Mon to Weds 9am to 7pm Thurs to Fri 9am to 5pm

Sat as pre-arranged

MEDICAL SPA

The treatment is carried out in a calm and safe environment by a nurse under the supervision of a responsible doctor.
Learn more at contact@selahlivingco.com

SELAH AQUA PEEL FACIAL

Selah Aqua Peel treatments combine an effective yet gentle water peel, deep cleansing, hydration, and individually selected active ingredients into a luxurious treatment experience.

Selah Aqua Peel Refresh 150 € / 60 min

Cleansing and moisturizing Aqua peel – facial treatment.

A gentle yet effective facial that deeply cleanses the skin, removes impurities, and restores freshness. Leaves the skin clean, soft, and naturally radiant.

Selah Aqua Peel Deluxe 190 € / 60 min

Deep moisturizing and brightening Aqua peel premium facial treatment.

A customized Deluxe treatment where effective cleansing is combined with deeply moisturizing, nourishing, and brightening active ingredients.

Selah Aqua Peel Ritual 230 € / 75 min

Comprehensive luxury treatment.

Selah's most luxurious Aqua Peel experience combines technology, relaxation, and overall well-being. The perfect mix of visible results, deep relaxation, and luxurious glow.

MICRONEEDLING Starting from 249 €

Skin-renewing and collagen-activating treatment.

Microneedling is an effective treatment for improving skin quality and activating natural collagen production.

The treatment helps brighten the skin, smooth its texture, and soften fine lines, acne scars, and pigmentation changes.

During microneedling, powerful active ingredients are absorbed into the skin to support renewal and moisture balance. The result is skin that looks brighter, smoother, and more vibrant.

Face 249 € / Face + neck 289 € / Face + neck + décolleté 329 € / Décolleté as an additional area + 50 €

PROFILO® Starting from 395 €

A skin-quality improving and moisturizing injection treatment.

Profilo is a high hyaluronic acid treatment that deeply hydrates the skin and activates the skin's own renewal.

The treatment makes the skin look brighter, more elastic, and well-rested. Profilo doesn't add noticeable volume or change facial features; it focuses on improving skin quality, moisture balance, and elasticity. It's especially suitable when the skin feels dry, tired, or has lost its firmness.

Treatment Information

Duration: about 20–30 min / Recovery time: usually 1–3 days / Results start to appear in about 1–4 weeks

Face 395 € / Face + neck 760 € / Recommendation: a series of 2 treatments about 4 weeks apart

PROFILO® STRUCTURA 530 € / 30-45 min

Profilo Structura is a newer treatment in the Profilo family, specifically developed to strengthen the soft support structure of the face.

The treatment helps restore the face's natural firmness and gives a subtle lifting effect. Structura works on the tissue under the skin and is especially suitable if the lower face, cheeks, or jawline have started to soften over time. The result is natural, fresh, and beautifully supportive for the face.

Treatment Information

Duration: about 30–45 min / Recovery time: varies individually, usually 1–5 days / Results develop gradually over a few weeks / Recommendation: a series of 2 treatments about 4 weeks apart

DEEP MOISTURIZING INJECTION TREATMENT Starting from 385 €

Juvederm's Skinvive and **Restylane's Skinbooster** are advanced medical treatments that improve skin quality. The treatments are designed especially for dry, thin, and tired skin.

Hyaluronic acid restores moisture balance, improves elasticity, smooths fine lines, and makes the skin softer, brighter, and visibly more vibrant. In a skin booster treatment, the active ingredients are delivered in tiny microinjections directly into the skin's dermis, where the most important processes related to moisture, structure, and renewal take place.

Treatment Information

Duration: 30 – 45 min / Recovery time: 1–7 days / Results: start to show immediately and develop over 2–4 weeks / Effect lasts: about 6–8 months

Restylane Skinbooster - classic skinbooster

1 ml – one area (e.g., under the eyes) 385 € / 2 ml – full face treatment 615 € / 3 ml – face + neck 905 €

Juvederm Skinvive - advanced skinbooster

1 ml – one area (e.g., under the eyes) 450 € / 2 ml – full face treatment 720 € / 3 ml – face + neck 1060 €

For the best and most even results, a minimum of 2 ml is usually recommended for the full face.

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MASSAGES

HEAVENLY HEAD MASSAGE 75 € / 95 €

This relaxing massage of the head, shoulder and neck area relieves stress and insomnia. After the treatment you will feel calm and pampered. (1 h / 1 h 15 min)

COMBINATION OF CLASSICAL AND LYMPHATIC MASSAGE 95 €

A combination treatment that strengthens lymphatic circulation and muscle metabolism. The treatment includes classical massage and lymphatic therapy of the lower limbs. (1 h 15 min)

LUXURIOUS FULL-BODY MASSAGE 125 €

A luxurious and moisturizing full-body classic massage with organic chocolate or shea butter. The intensity of the massage techniques is carried out according to the client's wishes. During the treatment, you will be further pampered with warm cushions for the neck and shoulder area and the soles of the feet. (1 h 30 min)

MASSAGE WITH ESSENTIAL OILS 100 € / 135 € / 180 €

A massage with warm oils that will stimulate your senses. (1 h / 1 h 30 min / 2 h)

CHOKOREETO HOT STONE MASSAGE 105 € / 140 €

A whole body massage with warm stones and a luxurious chocolate or aromatherapy oil. (1 h / 1 h 30 min)

HEAVENLY RELAXATION 139 € / 185 €

This treatment is a combination of heavenly head massage and essential oils body massage. (1 h 30 min / 2 h)

ESTHER'S OIL ANOINTING 145 €

A luxurious and calming treatment experience begins with warm rosemary foot towels. Inspired by antiquity, silky and intoxicating myrrh oil is poured onto your skin, and a full-body pampering massage is performed with soothing and gentle strokes. In the presence of calming music, the experience is crowned with a warm facial massage using Selah oil and a gentle head massage.

Silky-smooth skin and the deep peace brought by the treatment will stay with you for a long time. (1 h 30 min)

SELAH MEN'S MASSAGE MOMENTS 100 €

A relaxing full-body, head, and face cedar oil massage with reliable healing techniques. The treatment includes warm foot towels and a moisturizing scalp massage with Thaleia oil. The oil is also ideal for massaging the beard area. (1 h)

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MAMA SPA

MAMA REST -FACIAL 115 €

A moment of peace for the mother to be. This treatment includes a pampering and clarifying facial and relaxing Okaasan massage. (1 h 15 min)

OKAASAN, A moment of relaxing for a mother's body 125 €

The body needs special care during pregnancy. This pampering massage alleviates upper and lower back pains and tension which are typical during pregnancy. The treatment also reduces the swelling of hands and feet. (1 h 15 min)

FOOT TREATMENT FOR MOTHER TO BE 90 €

Pregnancy places extra demands on the body. Give your feet a moment of rest, care and lightness.

This holistic foot treatment begins with a relaxing foot soak, followed by the removal of small areas of hard skin and corns. The nails are cared for and gently thinned if needed. The treatment concludes with a soothing foot massage using nourishing creams. (1 h)

TREATMENT PACKAGES

SELAH – Journey to peace 125 €

A pampering full-body treatment includes facial cleansing with warm compresses and a relaxing face and full-body massage with healing Selah oils. The treatment begins with a foot ritual using warm lavender towels. (1 h 15 min)

SELAH SPA 165 €

The treatment includes a refreshing rosemary salt scrub that softens tired feet, a mask, and a calming full-body massage with warm mandarin oils. Nourishing Selah oils feed the skin, and the long, gentle massage movements lead to deep relaxation, leaving you feeling peaceful and light. (1 h 45 min)

ESTER DELUX & PEEL 190 €

A pampering full-body treatment combines a full-body rosemary salt scrub that softens the skin and revives its glow, with a silky, intoxicating Ester Delux massage from head to toe. The natural sensuality of the ancient-inspired essential oils lingers on your body long after the treatment. (2 h)

RED CARPET ESTER 249 €

"Every woman deserves royal pampering"

This treatment package is a tribute to beauty and indulgence from the Ester Deluxe treatment line.

The luxury treatment includes a brightening Bridal Glow facial, a relaxing head massage, and a full-body massage with nourishing Ester oils that delights the senses. The treatment is topped off with a luxurious at-home serum that keeps your skin's silky radiance going long after the treatment is over. (2 h)

HAIR SALONG

HAIRCUT

An adult haircut includes washing, a scalp massage, and styling.

Children's haircuts starting at 35 €

Men's haircuts 40 €

Women's haircuts 60 €

HAIR COLORING or HIGHLIGHTS

Hair coloring or highlights short hair from 110 €

Hair coloring or highlights medium-length hair from 120 €

Hair coloring or highlights long hair from 130 €

Hair coloring or highlights extra long hair 150 €

HAIR COLORING / HIGHLIGHTS AND HAIRCUT

Hair coloring and cut short hair 117 €

Hair coloring and cut medium-length hair from 127 €

Hair coloring and cut long hair from 137 €

Hair coloring and cut extra long hair from 157 €

BLOW DRY HAIRSTYLE from 55 €

HAIR TREATMENTS

Redken ABC treatment / L'Oréal Metal DX metal 69 €

ABC treatment with a cut or coloring 29 € / Metal DX with a cut or coloring 15 €

Relaxing Scalp Massage 15 € / 10 min

THE INTENSIVE HAIR TREATMENT PACKAGE 79 €

The Intensive Hair Treatment Package includes L'Oréal Metal DX metal removal and Redken ABC intensive treatment, along with an extended, relaxing scalp massage.